

JWOC 2019 Tour and JWOC

Programme for JWOC Tour and JWOC

	JWOC Tour	JWOC
Sat.6 July	Sprint prologue, immediately after Opening Ceremony Silkeborg town centre	Opening Ceremony in Silkeborg town centre 12.30 - 13.30
Sun. 7 July	Sprint, immediately after prize-giving Lyseng	Sprint 10.00 - 13.30 Lyseng Prize-giving Lyseng ca 13.45
Mon. 8 July	Long distance, immediately after prize-giving Velling - Snabegaard	Long distance 9.00 - 16.00 Velling - Snabegaard Prize-giving Velling - Snabegaard 16.15
Tue. 9 July	Activities day	Rest day
Wed. 10 July	Middle distance, immediately after JWOC race finishes Gjern bakker	Middle distance Qualification 10.00 - 13.30 Gjern Bakker
Thu.11 July	Shortened Long distance, immediately after prize-giving Gjern Bakker	Middle distance final 9.00 - 13.30 Gjern Bakker Prize-giving Gjern Bakker 13.45
Fri. 12 July	Middle distance, immediately after prize-giving Thorsø Bakker	Relay 10.00 - 13.00 Thorsø Bakker Prize-giving 13.30 Closing Ceremony 14.00/14.30