

<b>Dame (Beg)</b>	<b>(5 / 5)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>
1. Olivia De Lemos Jensen	OK FROS	19:10		01:49
2. Sofie Henningsen	OK Snab	22:11	+3:01	05:45
3. Kaya Holm	OK FROS	23:37	+4:27	04:06
4. Maja Skouenborg	OK Snab	33:34	+14:24	07:08
5. Alma Hougaard	OK Snab	42:45	+23:35	13:33

**Herre (Beg)****(4 / 4)****Tid****Efter****Tidstab**

1. Magnus Fig Sørensen
2. Noah Scheurer
3. Alfred Lundegaard  
Oscar Larsen

OK FROS  
OK FROS  
OK Snab  
OK Snab

18:22  
19:10  
23:54  
Fejlkli

+0:48  
+5:32

01:37  
00:59  
04:30

<b>Dame (Let)</b>	<b>(8 / 8)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>
1. Marie Fjordside Pagh	OK Snab	34:02		03:12
2. Lea Lyders Gade	OK Snab	34:17	+0:15	02:58
3. Anna Schack Andersen	OK GORM	34:18	+0:16	02:54
4. Lærke Lundegaard	OK Snab	38:19	+4:17	05:24
5. Laura Toftager	OK Snab	38:20	+4:18	05:18
6. Lea Hougaard	OK Snab	38:28	+4:26	00:33
7. Simone De Lemos	OK FROS	44:04	+10:02	07:05
Sofie Rohde	OK FROS	Udgået		

**Herre (Let)****(4 / 4)****Tid****Efter****Tidstab**

1. Oscar Kristensen
2. Karl Jørgensen
3. Emil Skouenborg  
Christian Rohde

OK GORM  
OK GORM  
OK Snab  
OK FROS

27:28  
46:36  
50:16  
Udgået

+19:08  
+22:48

01:42  
13:10  
11:32

**Herre (MS)****(3 / 3)****Tid****Efter****Tidstab**

1. Axel Örnhagen Jørgensen

OK Snab

32:42

00:20

2. Magnus Lindal

OK Melfar

44:13

+11:31

07:23

3. Tobias Rohde

OK FROS

1:08:35

+35:53

13:35

**Dame (MS)**

1. Agnes Fjordside Pagh  
Karoline Gasbjerg

**(2 / 2)**OK Snab  
OK FROS**Tid**54:00  
Udgået**Efter****Tidstab**

00:00