

Startliste – JFM sprint 2026

2026-08-23

W21 WRE

10:31	Clara Friis Scheby
10:32	Nina Falck Najbjerg
10:33	Anne Qvortrup Frederiksen
10:34	Astrid Hougaard
10:35	Cecilia Skaarup Uhlemann
10:36	Theresa Skouboe
10:37	Line Skousen
10:38	Alberte Karoline Thyssen
10:39	Veselina Zhelyazkova
10:40	Signe Moeller Skaug
10:41	Ida Agervig Kristiansson
10:42	Laura Bobach
10:43	Malin Agervig Kristiansson

3575 meter

OK Sorø	8515237
OK GORM	8002544
Odense Orienteringsklub	8514670
Aarhus 1900 orientering	8549188
OK Snab	8206306
Horsens OK	8660152
OK Melfar	8543617
Horsens OK	8241000
Odense Orienteringsklub	8061415
OK Pan Århus	8251207
OK Snab	8143216
OK Pan Århus	8645143
OK Snab	8310121

Start

M21 WRE

10:00	Benjamin Brunbjerg Nielsen
10:01	Claus Cederberg
10:02	Jonas Falck Najbjerg
10:03	Simon Fjordvald
10:04	Jonathan Ramus
10:05	Oscar Sig Tranberg
10:06	Henrik Akre Thorup
10:07	Casper Thygesen
10:08	Mikkel Holm Nielsen
10:09	Thomas Emil Jensen
10:10	Malthe Poulsen
10:11	Rune Cederberg
10:12	Laurits Bidstrup Møller
10:13	Axel Oernhagen Joergensen
10:14	Tue Lassen
10:15	Rasmus Edvardsen
10:16	Mads Ellegaard Juhl
10:17	Lasse Falck Weber
10:18	Magnus Lindahl
10:19	Mads Christian Maarup
10:20	Emil Fredberg
10:21	Andris Gailis
10:22	Jacob Klaerke Mikkelsen
10:23	Jeppe Edvardsen
10:24	Casper Blakskjaer
10:25	Andreas Myrvold Skovlyst
10:26	Kwok Wai Choy
10:27	Mads Skaug

4225 meter

Aarhus 1900 orientering	8549046
Ballerup OK	8505432
Tisvilde Hegn OK	8143244
Silkeborg OK	8536591
OK FROS	8510340
OK Pan Århus	8646088
OK Syd	8002988
OK Snab	8181199
OK Pan Århus	8073737
Horsens OK	8640527
FIF Hilleroed Orientering	8310915
Ballerup OK	8523636
Silkeborg OK	8400001
OK Snab	8057100
Silkeborg OK	8500984
OK Snab	8009113
OK HTF	8635823
Tisvilde Hegn OK	8016646
OK Melfar	8628450
Alleroed OK	8664250
Silkeborg OK	8535847
IK Auseklis	8629210
Horsens OK	8310803
OK Snab	8009125
OK Pan Århus	8310957
NTNUI	8660145
Hong Kong Orienteering Club	8670167
OK Pan Århus	8661502

Start

10:28	Linus Agervig Kristiansson	OK Snab	8110121
10:29	Oscar David Broman Jensen	Alleroed OK	8221506
10:30	Elias Hinge Krogsgaard	Silkeborg OK	8310920
D12		1850 meter	Start 2
–	Ea Hvidberg Tofte	Odense OK	8012360
–	Estrid Riis	OK Snab	8002986
–	Freja Vinther Korsager	OK Snab	2159203
–	Ida Damkjær Thorsen	OK Snab	1502337
–	Inger Spile Andersen	Odense OK	8626181
–	Jennifer Langemose	OK FROS	7211538
–	Josephine Vide Markussen	Horsens OK	8150617
–	Karla Lynggaard Seir	OK GORM	8535845
–	Karoline Vinther Korsager	OK Snab	2216201
–	Maja Skouenborg	OK Snab	8514431
–	Mathilde Lindorf	OK Snab	8534883
–	Sofie Kops	OK Melfar	1451379
–	Thora Toft Møller Mikkelsen	Horsens OK	8300414
–	Vibe Riis	OK Snab	1508534
D14		2775 meter	Start
10:44	Carolina Langemose	OK FROS	8510323
10:45	Alberte Lindorf	OK Snab	8079933
10:46	Nynne Mølgaard Nielsen	Odense OK	1450226
10:47	Lærke Skammelsen Gilleladen	OK Pan	2159211
D16		3000 meter	Start
10:00	Kristine Skouboe	Horsens OK	8534587
10:01	Agnes Dyrland Pedersen	OK Roskilde	8512054
10:02	Marie Fjordside Pagh	OK Snab	8527903
10:03	Asta Kaltoft	OK Pan	8529001
10:04	Astrid Lykke Nielsen	Horsens OK	8300411
10:05	Katrine Lykkegaard-Madsen	Odense OK	1450256
10:06	Ellen Dyrland Pedersen	OK Roskilde	8512058
10:07	Alberte Lynggaard Seir	OK GORM	8535853
10:08	Ida Nygaard Monrad	FIF Hillerød	8524563
10:09	Freja Toft Møller Mikkelsen	Horsens OK	8201101
10:10	Kille Beuchert	OK Pan	8100926
D18		3300 meter	Start
10:50	Camille Friis	OK Sorø	8520063
10:51	Krista Lervad Lundø	Horsens OK	8533412
10:52	Emma Nygaard Monrad	FIF Hillerød	8528613
D20		3300 meter	Start
10:53	Siv Borup Fredberg	Silkeborg OK	7440001
10:54	Mathilde Bobach	OK Pan	8310935
10:55	Johanne Skouboe	Horsens OK	2086034

D35

10:56	Rikke Vide Markussen
10:57	Anne Sofie Motzkus
10:58	Karina Isaksen

3300 meter

Horsens OK
Kolding OK
FIF Hillerød

Start

8002984
1423310
8270891

D40

10:11	Camilla Spile
10:12	Louise Falster-Sørensen
10:13	Helle Popp Bobach
10:14	Annette Kjeldsen
10:15	Anne Sofie Olsen
10:16	Ane Linde

3000 meter

Odense OK
OK Syd
Aalborg OK
Horsens OK
OK GORM
Silkeborg OK

Start

8513697
8002982
8526450
8140782
8534764
8635839

D45

10:17	Pernille Buch
10:18	Kamilla Kristensen
10:19	Majbritt Brandstrup Fegar
10:20	Bettina Toft Møller Mikkelsen
10:21	Hanne Borup Fredberg
10:22	Tina Kronborg Vallentin
10:23	Anni Sørensen

3000 meter

OK GORM
OK H.T.F.
Kolding OK
Horsens OK
Silkeborg OK
Horsens OK
Karup OK

Start

8002204
8635820
1013327
8080279
8440002
7502017
1504179

D50

10:24	Rikke Petersen
10:25	Tine Friis Scheby
10:26	Maria M. Høyer Staugaard
10:27	Majken Maarup
10:28	Diana Cederberg
10:29	Irene K. Mikkelsen
10:30	Camilla Dalgaard
10:31	Dorte Grinderslev
10:32	Henriette Hansen

3000 meter

OK Vendelboerne
OK Sorø
FIF Hillerød
Allerød OK
Ballerup OK
Horsens OK
Kolding OK
Horsens OK
Herlufsholm OK

Start

8548060
8089675
8077744
8528990
8009298
8040605
7575755
8527208
1402031

D55

11:10	Lisbet Holm
11:11	Fiona Becker
11:12	Jette Klogborg
11:13	Annett Lassen
11:14	Rikke Holm
11:15	Bente Kjær Hemmingsen
11:16	Heidi Hinge Krogsgaard

2575 meter

OK GORM
Søllerød OK
OK H.T.F.
OK GORM
Horsens OK
FIF Hillerød
Silkeborg OK

Start

1031976
8260918
8667875
1421048
8070471
8078990
8628462

D60

11:17	Annette Bonde
11:18	Anne Maarup
11:19	Hanne Staugaard
11:20	Maria Douglas
11:21	Anne Grethe Eriksen
11:22	Bente H. Ringive
11:23	Helle Nikkel

2575 meter

Ballerup OK
Allerød OK
Kolding OK
FIF Hillerød
OK FROS
OK GORM
Viborg OK

Start

8506680
8201951
8071164
8625632
8510343
1421033
8009135

11:24	Iben Maag	Søllerød OK	8719060
11:25	Hanne Gylling	1900 Orientering	1452123
11:26	Guri Alm	OK H.T.F.	2083209
11:27	Mette Edsen	Nordvest OK	800029
11:28	Lucia Aagaard	Herning OK	8491017
11:29	Lisbeth Skovbjerg	Odense OK	8012356
11:30	Tove E Juhl	OK H.T.F.	8631621

D65**2575 meter****Start**

11:31	Ida Hansen	Kolding OK	8200960
11:32	Gitte Isen	Herning OK	8016661
11:33	Pia Kadziola	Maribo OK	8500992
11:34	Jette Kreiberg	OK Roskilde	8130457
11:35	Kirsten Hansen	OK H.T.F.	1421504
11:36	Siri Klausen	Ballerup OK	601221
11:37	Anne Mette Abplanalp	Kolding OK	8251061
11:38	Britta Ank Pedersen	Horsens OK	1407789
11:39	Birgitte Bach	Viborg OK	8535825
11:40	Birgitte Birck	Allerød OK	8626197

D70**2275 meter****Start**

11:00	Inger Dyrland Jessen	OK Roskilde	8501709
11:01	Grethe Anæus	Viborg OK	8524546
11:02	Eva Konring Olesen	FIF Hillerød	8505429
11:03	Pia Gade	Viborg OK	8310953
11:04	Lone Dybdal	1900 Orientering	8002983
11:05	Mette Seir Hansen	HSOK	8645172
11:06	Hanne Birke	Kolding OK	8141056
11:07	Kirsten Bobach	Aalborg OK	8201985

D75**2275 meter****Start**

11:08	Trille Ditlevsen	Horsens OK	8645163
11:09	Lisbet Nielsen	OK Vendelboerne	9101724
11:10	Lotte Hjort	Faaborg OK	2171733

D80**2275 meter****Start**

11:11	Randi Splittorff	Svendborg OK	8033355
11:12	Inge Jørgensen	OK Roskilde	8089676

D85**2275 meter****Start**

11:13	Betty Hansen	OK H.T.F.	1421503
11:14	Aase Thyssen	Horsens OK	1013306

H12**1850 meter****Start 2**

–	Alfred Damkjær Thorsen	OK Snab	8536585
–	Birk Hvidberg Tofte	Odense OK	8012349
–	Elias Brandstrup Fegar	Kolding OK	8526730
–	Kirk Beuchert	OK Pan	8529011
–	Ludvig Krabek	Odense OK	8548389
–	Magnus Lindorf	OK Snab	8545470
–	Mathias Linde Lassen	Silkeborg OK	8143218

–	Oliver Vide Markussen	Horsens OK	8060917
–	Sander Popp Bobach	Aalborg OK	8500982
–	Sebastian Linde Lassen	Silkeborg OK	1406158
–	Viktor Vinther Korsager	OK Snab	2159204
–	Vilhelm Klingenberg Grundstøe	Odense OK	8523638

H14

10:48	Lasse Brunstedt Jacobsen	OK ØST Birkerød	8210812
10:49	Sebastian Nissen	Kolding OK	8196912
10:50	Max-Emil Kupriyanov Hviid	Farum OK	8529003
10:51	Mikkel Kops	OK Melfar	8541451
10:52	Robert Lervad Lundø	Horsens OK	8008031
10:53	Alexander Muff Kristensen	OK H.T.F.	2134113
10:54	Emil Skouenborg	OK Snab	8514696
10:55	Magnus Oscar Søes	Silkeborg OK	8240912
10:56	Richard Elias Kronborg Vallentin	Horsens OK	7501625
10:57	Noah Brandstrup Fegar	Kolding OK	8526735
10:58	Oskar Gjørup Larsen	OK Snab	8002987
10:59	Magne Halvor Obel	OK Pan	8500983

H16

10:44	Esben Johan Obel	OK Pan	8012359
10:45	Emil Lindahl	OK Melfar	8143215
10:46	Jonas Klærke Mikkelsen	Horsens OK	8547803
10:47	Eskild Spile Andersen	Odense OK	8543598
10:48	Kristoffer Muff Kristensen	OK H.T.F.	2134106
10:49	Storm Schmidt Tofterup	OK Melfar	8416416

H18

10:44	Anton Spile Andersen	Odense OK	8009290
10:45	Lukas Bergmann Verhelst	Horsens OK	8120979
10:46	Karl-Bertil Skovkjær	Silkeborg OK	8542897
10:47	Rasmus Thomsen Bobach	RSOK	8657124
10:48	Eskild Stig Nielsen	Horsens OK	8120309
10:49	Johan Dalgaard	Kolding OK	8333331
10:50	Tore Emil Maarup	Allerød OK	8089688
10:51	Sebastian Muff Kristensen	OK H.T.F.	2134107
10:52	Magnus Mølgaard Nielsen	Odense OK	8005280
10:53	Mattias Klostergaard Rokkjær	Silkeborg OK	8008534

H20

10:54	Jonas Aadal Wihan	Fyns PI	8520111
10:55	Jonas Monrad	Kolding OK	8008532
10:56	Philip Aarnio	OK Vendelboerne	8548035

H35

10:57	Christian Bertel Andersen	AKIF	8519068
10:58	Christian Markussen	Horsens OK	8002985
10:59	Peter D. Frandsen	Kolding OK	8071087
11:00	Jonas Isaksen	FIF Hillerød	8170391
11:01	Jacob Daugaard	OK Esbjerg	8651355

H40

11:02	Kasper Tofte	Odense OK	8520122
11:03	Toke Seir	OK GORM	8535844
11:04	Lau Sørensen	Karup OK	8513691

H45

10:59	Filip Bergmann Verhelst	Horsens OK	1421520
11:00	Johan Holkmann Jacobsen	OK ØST Birkerød	8241280
11:01	Andreas Popp	Aalborg OK	8509381
11:02	Lars Schmidt Johansen	OK Melfar	8512083
11:03	Claus Bobach	Aalborg OK	8201909
11:04	Peter Wihan	Fyns PI	8520004
11:05	Martin Lervad Lundø	Horsens OK	8008034

H50

11:09	Thomas Fredberg	Silkeborg OK	8440001
11:10	Morten Ploug	Ballerup OK	8505714
11:11	Jakob Q Christensen	Odense OK	8012363
11:12	René Rokkjær	Silkeborg OK	8041974
11:13	Allan Skouboe	Horsens OK	8656915
11:14	Sven Erik Jakobsen	OK GORM	8535831
11:15	Mads K. Larsen	FIF Hillerød	8198768
11:16	Troels Nielsen	Horsens OK	8654585
11:17	Johan Brandstrup Fegar	Kolding OK	8656917
11:18	Nicolaj Nielsen	Horsens OK	981615

H55

11:19	Mads Mikkelsen	Horsens OK	8010370
11:20	Morten Mølgaard Nielsen	Odense OK	8005268
11:21	Henrik Holm	OK GORM	8510315
11:22	Carsten Thyssen	Horsens OK	8021269
11:23	Lars Klogborg	OK H.T.F.	8667874
11:24	Claus Grøn Lyngby	OK GORM	8505428
11:25	Carsten Djursaa	Odense OK	8620760
11:26	Jacob Bang	OK GORM	1421049
11:27	Lars Kops	OK Melfar	1504264
11:28	Peter Becker	Søllerød OK	8143228
11:29	Keld Hinge Krogsgaard	Silkeborg OK	8512042
11:30	Per Mønster Jørgensen	Horsens OK	8515233
11:31	Henrik Uhlemann	Kolding OK	8636967
11:32	Ulrik Staugaard	FIF Hillerød	8077722

H60

10:33	Tim Falck Maag	THOK	8143233
10:34	Kristian Edsen	Nordvest OK	800089
10:35	Allan Hougaard	1900 Orientering	8536584
10:36	Ainars Gailis	IK Auseklis	8230183
10:37	Claus Mikkelsen	Herlufsholm OK	8009294
10:38	Thorkild Jensen	Randers OK	8037624

10:39	Claus Flak Christensen	OK FROS	8510350
10:40	Lars Thestrup	OK Melfar	1419974
10:41	Per Eg Pedersen	Kolding OK	8290765
10:42	Martin Ringive	OK GORM	2083222
10:43	Jan Thomsen	OK Pan	8506832
10:44	Thomas Uhlemann	Kolding OK	8045188
10:45	Jesper Børsting	Herlufsholm OK	8009134
10:46	Kent Kragh	OK Pan	8661578
10:47	Carsten Lind	OK FROS	8143226
10:48	Jes Mose Jensen	AKIF	8303061

H65**3000 meter****Start**

10:49	Tommy Jakobsen	Horsens OK	9966333
10:50	Walther Rahbek	Aalborg OK	1690101
10:51	Laus Seir Hansen	HSOK	8016647
10:52	Michael Fischer	Aalborg OK	8657522
10:53	Bent Aakjær	Odense OK	8012362
10:54	Erik Bobach	Silkeborg OK	8310940
10:55	Erik Warncke	Horsens OK	7209489
10:56	Søren Dall	OK H.T.F.	8628463
10:57	Gregers Jørgensen	Ballerup OK	8620940
10:58	Svend Erik Skovsgaard	Viborg OK	8535843
10:59	Morten Jensen	OK Roskilde	8506678
11:00	Henrik Albahn	Lyngby OK	8016656
11:01	Allan Vilhelm Grundsøe	Odense OK	8544658
11:02	Jens Børsting Klenum	Silkeborg OK	8110258
11:03	Jesper R Mortensen	Herlufsholm OK	9000629
11:04	Jørgen Pedersen	AS Feltspørt	8160458
11:05	Michael Straube	Horsens OK	8241258
11:06	Arne Kristensen	Herlufsholm OK	8541444
11:07	Jess Rasmussen	Viborg OK	8523629

H70**2575 meter****Start**

11:41	Jørgen Skaarup	Ballerup OK	8512043
11:42	Keld Gade	Viborg OK	8310929
11:43	Leif E. Larsen	THOK	8692019
11:44	Egon Sloth	Aalborg P.I. o-afd.	8529004
11:45	Arne Nygaard	FIF Hillerød	2083212
11:46	Stig Barrett	Viborg OK	8009112
11:47	Torben Hansen	OK FROS	8510297

H75**2575 meter****Start**

11:48	Torben Isen	Herning OK	8508379
11:49	Hans Christian Strib	Odense OK	8111112
11:50	Torben Jørgensen	RioK	1411606
11:51	Poul Egander Grøn	Silkeborg OK	8002989
11:52	Emil Olesen	FIF Hillerød	8505430
11:53	Knud Fjordvald	Silkeborg OK	8670224
11:54	Kaj Kaspersen	Herning OK	8508383
11:55	Poul Erik Buch	OK GORM	8631599

11:56	Morten Lassen	Faaborg OK	302083
11:57	Hans Aage Hvalsøe Hansen	Fyns PI	1402403
11:58	Erik Ljungdahl	Faaborg OK	8203302
11:59	Sven Madsen	OK FROS	8303002
12:00	Janne Brunstedt	OK Roskilde	8230548
12:01	Niels Rabølle	Odense OK	1410584
12:02	Torben Kruse	Svendborg OK	8523620
12:03	Kuno Rasmussen	Ballerup OK	8510345
12:04	Poul Bobach	Aalborg OK	8201986

H80		2275 meter	Start
11:15	H. V. Jensen	Odense OK	8664212
11:16	Kurt Pedersen	RioK	1419948
11:17	Jørgen Olesen	Odense OK	8523623
11:18	Ole Svendsen	OK Roskilde	501138
11:19	Jack Skrydstrup	Kolding OK	8220238
11:20	Poul Nøhr	Silkeborg OK	1401703
11:21	Vagn Hansen	OK H.T.F.	2030236
11:22	Palle Møller Nielsen	Odense OK	302067
11:23	Finn Hørup Nielsen	OK Vendelboerne	8512034
11:24	Ove Splittorff	Svendborg OK	8016643

H85		2275 meter	Start
11:25	Herluf Jensen	Svendborg OK	9441867
11:26	Asger Kristensen	Herning OK	5439666
11:27	Olav Odgaard	Odense OK	8523626